

Successful Dialogue on Uncomfortable Topics

Sex, Politics, Race and Religion

Appreciating Unconscious Influences to Foster Better Personal and Clinical Dialogue

This Webinar will provide tools to:

- Identify conscious and unconscious responses in professional, client and family interaction
- Become aware of potentially triggering topics and understand power source of subject
- Create strategies to effectively guide difficult conversation by depersonalizing responses and reframing content

Healthcare and Social work require navigating challenging conversational topics. Using self-awareness and compassion to understand what makes topics or conversations difficult, one is able to improve effective communication and dialogue even on particularly challenging subjects.

That which is difficult may also be what is essential in fostering good mental and physical health. Unfortunately, our emotions or history can get in the way of successfully and objectively addressing challenging topics, both from the perspective of the treating professional as well as the personal perspective of a consumer or colleague. This webinar is designed to help participants consider factors in their own lives that may hinder objectivity or to identify them in the people with whom we communicate every day in order to successfully navigate or reframe any discussion.

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Successful Dialogue on Uncomfortable Topics Webinar

<https://umaryland.webex.com/umaryland/j.php?RGID=rf39481e22e4e986a7cab91cdd76da568>

Back by popular demand, Presenting the webinar again due to a power outage.

Free Webinar

includes 2 CEUs for Social Workers and Counselors

Friday
March 25, 2022
10am - 12pm

Employee Assistance Program

PRESENTER:
RACHAEL WALLACE,
LCSW-C



Rachael is a psychotherapist and Clinical Director of MGFP, a group of mental health professionals dedicated to supporting faculty, staff, students, residents and family members of the UMB and UMMC campus community. She has a particular interest in the integration of multiple paradigms to create individual pathways for insight, self-awareness, healing and navigation of personal and professional relationships or challenges. Rachael has an extensive history of clinical workshop presentations on the art of psychotherapy, ethics and self-awareness for clinicians. She has been affiliated with the UMSOM Department of Psychiatry for almost two decades and is the Chairperson of NASW-MD's Behavioral Health Committee.

Employee Assistance Program

Confidential counseling by phone or secure telehealth. This free referral service is available to all employees and their family members.

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to schedule an appointment

www.fpi-eap.org

